

## JOIN THE MADNESS! KEEP ADAPTED SPORTS ALIVE

#### We need your help to keep everyBODY playing.

You know how important sports are both on and off the court. At Bridge II Sports we believe people with disabilities should have the same access to

the power of sport as everybody else.

We provide year-round adapted sports programming for youth, adults, and Veterans with physical disabilities to 'Find the Player Within'.

Our annual August Madness Wheelchair Basketball fundraiser was canceled due to COVID-19, but we're still bringing the action with VIRTUAL MADNESS!

We've got a fun way for you and your team to be involved in raising much needed funds JUST BY SHOOTING BUCKETS!



# Take the VIRTUAL MADNESS



To simulate one of the skills needed for our athletes with disabilities to play wheelchair basketball, we want you to take a shot at shooting sitting down.

### HERE'S WHAT YOU DO TO PLAY

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At practice set up sturdy chairs behind the free throw lines.

Give everyone on the team a chance to shoot as many free throws as they can from a chair in one minute. After everyone has had a go, it's time for the VIRTUAL MADNESS ONE-MINUTE CHALLENGE!

#### Pick SIX SHOOTERS to REPRESENT!

Take some video while they shoot for one minute. Make sure someone counts the number of baskets they make.

Your team's video will post up on our social media channels November 15. People will be able to watch the action and donate directly to Bridge II Sports from your Challenge post! Spread the word to your school and followers.



The team with the greatest number of combined baskets will earn the chance to play hoops with our youth wheelchair basketball team - Team PRIDE! Challenge videos must be delivered by October 31. Detailed instructions on back.

START FOLLOWING BRIDGE II SPORTS TODAY

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bridge2sports.org/virtualmadness 866-880-2742

## TEAM INSTRUCTIONS

Thank you for taking the Virtual Madness One-Minute Challenge with your team. We appreciate your commitment to making a difference for ALL to play. Below are some tips and instructions to make your Challenge Day successful.

(it can also be played at www.bridge2sports.org/pride)



### Make sure your team knows why they are playing

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### Share these Talking Points with your team:

Show the 2 minute video linked in the QR code



Imagine what it would feel like if you didn't have sports in your life. What if you were injured and couldn't play basketball again? How many of you know someone with a disability or someone who uses a wheelchair?

Today we are taking the Virtual Madness One-Minute Challenge to support an organization that makes sure people with physical disabilities can play sports because:

-Every child with a disability and every Veteran who incurs a disability need and deserve to have physical activity and recreation.

-Disability creates its own isolation, and adapted sports create community.

-Adapted sports develop independence and strong mental and emotional health.

We are shooting from chairs to understand that Hoops are Hoops no matter how you play.

In competitive wheelchair basketball, athletes use sport wheelchairs to move around the court. We are hoping that shooting from a chair will give understanding in the skill needed to shoot sitting down on a 10-foot hoop.

In wheelchair basketball, the court is the exact same size as in stand-up basketball and the hoop is at 10 feet for Varsity and adult (prep players under 13 shoot at an 8.5 foot hoop).

Bridge II Sports has a youth wheelchair basketball team called Team PRIDE (Perseverance, Resilience, Integrity, Determination, Empowerment) as well as several other year-round adapted sports.

# How to take and submit your challenge videos

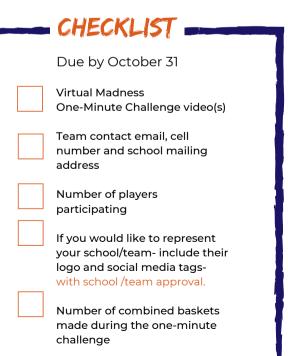
With a cell phone recording in **landscape (on its side)**, start with an introduction:

"Hi I'm \_\_\_

Today we're taking the Virtual Madness One-Minute Challenge in support of Bridge II Sports adapted sports for people with physical disabilities." (Team cheers)

Next, It's time for your one-minute challenge! Film from a place where you can see **both** you and the basket from sideOR film from behind shooting straight on at the basket.

Once complete, go to **www.bridge2sports.org/vmomc** to submit video and input information.



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**#VirtualMadness** 

#HoopsAreHoops

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