



...BECAUSE HOOPS ARE HOOPS



THANK YOU TO OUR GENEROUS SPONSOR



**JOIN THE MADNESS! KEEP ADAPTED SPORTS ALIVE**

**We need your help to keep everyBODY playing.**

You know how important sports are both on and off the court.

At Bridge II Sports we believe people with disabilities should have the same access to the power of sport as everybody else.

We provide year-round adapted sports programming for youth, adults, and Veterans with physical disabilities to 'Find the Player Within'.

Our annual August Madness Wheelchair Basketball fundraiser was canceled due to COVID-19, but we're still bringing the action with VIRTUAL-MADNESS!

**We've got a fun way for you and your team to be involved in raising much needed funds JUST BY SHOOTING BUCKETS!**



**Take the VIRTUAL MADNESS  
HIGH SCHOOL ONE-MINUTE CHALLENGE**



To simulate one of the skills needed for our athletes with disabilities to play wheelchair basketball, we want you to take a shot at shooting sitting down.

### HERE'S WHAT YOU DO TO PLAY

At practice set up sturdy chairs behind the free throw lines.

Give everyone on the team a chance to shoot as many free throws as they can from a chair in one minute. After everyone has had a go, it's time for the VIRTUAL MADNESS ONE-MINUTE CHALLENGE!

Have your team pick their TOP SHOOTER to REPRESENT in a challenge against YOU (the Coach)! Player and coach take their turn for a minute at the line draining as many free throws as they can. Both player and coach 'minutes' need to be captured on video (phone video is perfect).

The player video will be paired with coach video in a HEAD-TO-HEAD CHALLENGE that we'll post up on our social media channels November 13.

Spread the word to your school and followers. People will be able to watch the action and donate directly to Bridge II Sports from your Challenge post!

Challenge videos must be delivered by October 31. Detailed instructions on back.

**START FOLLOWING BRIDGE II SPORTS TODAY**

CHECK OUT THIS VIDEO  
TO SEE WHAT YOU ARE  
PLAYING FOR



bridge2sports.org/virtualmadness  
866-880-2742

BRIDGE II SPORTS



@bridge2sports  
#VirtualMadness  
#HoopsAreHoops

# COACH INSTRUCTIONS



Thank you for taking the Virtual Madness One-Minute Challenge with your team.  
We appreciate your commitment to making a difference for ALL to play.  
Below are some tips and instructions to make your Challenge Day successful.

## Make sure your team knows why they are playing



**Show the 2 minute video linked in the QR code**  
(it can also be played at [www.bridge2sports.org/pride](http://www.bridge2sports.org/pride))



**Share these Talking Points with your team:**

Imagine what it would feel like if you didn't have sports in your life.  
What if you were injured and couldn't play basketball again?  
How many of you know someone with a disability or someone who uses a wheelchair?

Today we are taking a The Virtual Madness One-Minute Challenge to support an organization that makes sure people with physical disabilities can play sports.  
Bridge II Sports is a non-profit that believes in the power of sport to change lives.

They have a youth wheelchair basketball team called Team PRIDE  
(Perseverance, Resilience, Integrity, Determination, Empowerment) as well as several other year-round adapted sports.

We are shooting from chairs to understand that Hoops are Hoops no matter how you play.

In competitive wheelchair basketball, athletes use sport wheelchairs to move around the court.  
We are hoping that shooting from a chair will give understanding in the skill needed to shoot sitting down on a 10-foot hoop.

In wheelchair basketball, the court is the exact same size as in stand-up basketball and the hoop is at 10 feet for Varsity and adult (prep players under 13 shoot at an 8.5 foot hoop).

## How to take and submit your challenge videos

With a cell phone recording in landscape (on its side),  
start with an introduction:

"Hi I'm Coach\_\_\_\_ here with the (insert team name).

Today we're taking the Virtual Madness One-Minute Challenge  
in support of Bridge II Sports adapted sports for people  
with physical disabilities." (Team cheers)

Next, It's time for your one-minute challenge!

Film from a place where you can see both you and the basket from side  
OR film from behind shooting straight on at the basket.

Once complete, go to [www.bridge2sports.org/vmomc](http://www.bridge2sports.org/vmomc)  
to submit video and input information.

### COACH'S CHECKLIST

Due by October 31

- ☐ 2 one-minute videos of BOTH coach and player shooting
- ☐ Names of players and coaches featured in videos
- ☐ Coach's email, cell number and school mailing address
- ☐ Number of players on team
- ☐ If you would like to represent your school/team- include their logo and social media tags-  
with school /team approval.
- ☐ Number of baskets made during the one-minute challenge