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Bridge II Sports receives \$10,000 grant from Truist Foundation to create opportunities for people with disabilities through sport

**Durham, NC, Feb. 28, 2023**— North Carolina non-profit Bridge II Sports is honored to announce it has received a \$10,000 grant from Truist Foundation to create opportunities for people with physical disabilities through adapted sports.

"A body and mind changed by disability needs the discipline and challenge of physical activity to stay healthy physically, mentally, and emotionally," offered Ashley Thomas, Founder and CEO of Bridge II Sports. "Sport is a powerful tool in developing character, tenacity, confidence, and community for all people. For those of us with physical disabilities those benefits are no different, but opportunities to participate are limited. We are grateful to Truist Foundation for believing in the power of adapted sports and generously supporting the mission of Bridge II Sports to help people live well with a disability rather than live disabled."

The funds from this grant will help bridge the gap to participation for youth, adults, and veterans with disabilities by providing adapted equipment and supporting qualified staff and insurance for year-round adapted sports programs at Bridge II Sports.

"Our work to inspire and build better lives and communities is our purpose, a north star for Truist and its teammates," said Triangle Regional President Chris Bell. "We are honored to support such a fine organization as Bridge II Sports and its deserving athletes."

## **About Bridge II Sports**

Bridge II Sports is a North Carolina non-profit organization dedicated to developing and implementing opportunities for youth, adults, and veterans with physical disabilities to realize their potential through sports participation. Through sports programming, special events, awareness initiatives and team development, Bridge II Sports empowers persons with physical disabilities to "Find the Player Within" and challenge perceptions of disability. It is the power of adapted sports that builds healthy bodies, and minds, impacting the community with strength. Learn more at <a href="mailto:bridge2sports.org">bridge2sports.org</a>

## **About Truist Foundation**

Truist Foundation is committed to Truist Financial Corporation's (NYSE: TFC) purpose to inspire and build better lives and communities. Established in 2020, the foundation makes strategic investments in nonprofit organizations to help ensure the communities it serves have more opportunities for a better quality of life. Truist Foundation's grants and activities focus on building career pathways to economic mobility and strengthening small businesses. Learn more at Truist.com/Foundation.